

SUPPORT FOR PARENTS

Primary School Short Course (Basic)

This course includes eight short videos, ten to twenty minutes each, packed with practical tips, tools and insights to support you in parenting children aged 4 to 11.

You can listen to the sessions in any order, making it easy to fit into your busy schedule. It is a valuable resource to have in your parenting toolkit.

- Module 1: Key Parenting Principles

- Module 2: Establishing Positive Routines

- Module 3: Building Key Primary School Skills

- Module 4: Encouraging Positive Behaviour

- Module 5: Supporting Primary Age Friendships

- Module 6: Supporting Children's Learning

- Module 7: Boosting Self-Esteem

- Module 8: Foundations For Using Technology