

SUPPORT FOR PARENTS

Your Toolkit For Supporting Your Child

A series of mini video workshops to support busy parents and their families. Each one is short and practical, and can be watched whenever it suits you, as often as you like.

The whole toolkit is £15. Any single session can be bought on its own for £1.99.

- Avoiding arguments, part 1

- Avoiding arguments, part 2

- Establishing 121 time

- Giving instructions

- Making an offer

- Managing expectations

- Managing your temper, part 1

- Managing your temper, part 2

- Parenting siblings

- Responding to requests

- The W.A.I.T. strategy