

PARENT WORKSHOPS

Independent Schools

Lorraine Lee Training is an inspirational training provider offering workshops, seminars and lessons for parents, teachers and pupils. Sessions are interactive, dynamic and engaging.

- | | |
|---|---|
| ● Settling into year R | ● Helping children cope with change |
| ● Helping children to do well at school and home | ● Puberty and what to expect |
| ● Helping children manage anger and frustration | ● Understanding adolescent development |
| ● Helping children to regulate their behaviour | ● Foundations for screen time and technology |
| ● Boosting confidence, resilience and self-esteem | ● Foundations for positive mental health |
| ● Key skills for being successful at school | ● Revision and preparing for exams |
| ● Managing friendships positively | ● Supporting children involved in competitive sport |