

PARENT WORKSHOPS

Preschool & Nursery

Lorraine Lee Training is an inspirational training provider offering workshops, seminars and lessons for parents and practitioners. Sessions are relaxed, informative and engaging.

They can be face to face or online.

- Understanding development (1–4 years)
- Managing anger, frustration and tantrums
- Building positive social skills
- Useful preschool routines
- Helping young children manage their worries
- Supporting learning through play
- Encouraging positive behaviour
- Managing parental emotions
- Preparing to start year R