

STAFF TRAINING · INSET

Training for Key Stages 1 & 2

Knowledge and insight into children's behaviour, emotions and learning processes is crucial to helping every child reach their own unique potential, year on year.

The sessions below give staff a fresh understanding of the children they teach and care for, building confidence, personal resources and skills for everyday school situations.

Lorraine Lee Training is an inspirational training provider offering workshops, seminars and lessons for teachers, practitioners and support staff. All sessions include front-led input, discussion time and space for questions.

Understanding children's emotional needs

- The complexities of children's emotions during a school day
- What happens in the brain when emotions escalate
- How to de-escalate emotions effectively and help children re-engage in learning

Managing challenging classroom behaviour

- Challenging behaviour: its purpose for the child and its impact on the class
- Positive methods and approaches for managing challenging and disruptive behaviour
- Helping children learn from their behaviour and move forward

Delivering inspirational brain-based lessons

- Using developmental information to shape the key components of a lesson
- Good lesson openers and mid-point activities
- Cementing learning and concluding lessons well
- Scaffolding progress

Engaging parents

- The role of parents in supporting school and facilitating learning
- Reaching 'hard to engage' parents
- Using parental engagement to help children make progress

Helping anxious children

- Understanding the process of anxiety and how it operates in the brain
- Strategies to help children avoid or cope with anxious moments
- Vocabulary to minimise anxiety
- Supporting a child through a heightened moment

Building confidence and resilience

- Understanding what builds confidence at each stage of development
- The link between self-esteem, confidence and recovering from setbacks
- Helping children not to compare themselves with each other

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